

April 2018

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Spring Break			
9	10	11	12	13
Pizza or Pizza dippers w/marinara sauce Steamed carrots Sweet peas Fruit & Milk	Sliced turkey ham w/potatoes Seasoned spinach Whole grain bread slice Fruit & Milk	Whole grain nacho chips Taco meat w/cheese sauce Mexicali corn Refried beans Fruit & Milk	Chunky chicken tetrazzini Mixed vegetables Whole grain bread slice Fruit & Milk	BBQ chicken patty Whole grain bun Hearty baked beans Creamy coleslaw Fruit & Milk
16	17	18	19	20
Sliced Turkey American cheese slice Mayo packet Steamed carrots Whole grain bun Fruit & Milk	Italian spaghetti w/meat sauce Romaine Salad w/tomato, Cucumber and low-fat dressing Whole grain bread Fruit & Milk	Chicken fajita Whole grain tortilla Black beans & corn Whole grain pasta Fruit & Milk	Oven baked chicken Hot sauce Seasoned spinach Rice pilaf Whole grain bread slice Fruit & Milk	Beefy Hot Dog Whole grain bun Vegetarian baked beans Broccoli florets w/ranch Creamy coleslaw Fruit & Milk
23	24	25	26	27
Turkey meatball sub Marinara sauce Whole grain roll Coined carrots Fruit & Milk	Sliced turkey w/gravy Rice medley Seasoned spinach Whole grain bun Fruit & Milk	Texas tacos (w/g hard shell) Shredded cheddar cheese Iceberg lettuce Taco sauce & low-fat sour cream Mexican refried beans Fruit & Milk	Cheeseburger on w/g bun Romaine lettuce Tomato slice Oven baked fries Fruit & Milk	Chicken nuggets BBQ sauce Whole grain Rice Garlicky green beans Whole grain bread slice Fruit & Milk
30	<i>1% & Fat Free White or Chocolate Milk is served with each meal</i>			
Turkey club sub w/mayo Whole grain bun Baby carrots w/ranch Ice cream Fruit & Milk				

This institution is an equal opportunity provider.