

DARRELL LYNN HINES ACADEMY

January Lunch Menu

All meals are prepared by: **Milwaukee Center for Independence (MCFI)**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE</p> <p><i>MENU SUBJECT TO CHANGE</i></p>	<p>1 MCFI CLOSED HOLIDAY BREAK</p>	<p>2 MCFI CLOSED HOLIDAY BREAK</p>	<p>3 Chicken Tacos on Whole Grain Tortillas with Lettuce, Cheese and Taco Sauce NEW! Ranchero Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>4 Brunch for Lunch Chicken Sausage Patty, Egg and Cheese Breakfast Sandwich on a Whole Grain Biscuit Grape Jelly Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk</p>
<p>7 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>8 Beef Nachos with Cheese, Shredded Lettuce and Tortilla Chips Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>9 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Steamed Corn Seasonal Lunch Fruit Choice of Milk</p>	<p>10 Kid's Classic Asian-Glazed Boneless Chicken Wings with Romaine Salad and Ranch Dressing Pretzel Goldfish Seasonal Lunch Fruit Choice of Milk</p>	<p>11 Domino's Cheese Pizza Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>
<p>14 Chicken Breast Fillet with BBQ Whole Grain Cornbread Baked Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>15 Swedish Meatballs Whole Grain Pasta Whole Grain Soft Pretzel Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>16 Shredded Turkey with Gravy Over Mashed Potatoes Whole Grain Biscuit Seasonal Lunch Fruit Choice of Milk</p>	<p>17 Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>18 Brunch for Lunch NEW! Whole Grain Pancake and Sausage on a Stick with Syrup Yogurt Cup Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk</p>
<p>21 DR. MLK DAY NO SCHOOL ATTENDANCE</p>	<p>22 Beef and Cheese Burrito Taco Sauce Ranchero Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>23 Asian Chicken Whole Grain Brown Rice Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>24 Chef's Special Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing and Whole Grain Soft Pretzel Stick Assorted Graham Cracker Seasonal Lunch Fruit Choice of Milk</p>	<p>25 Cheeseburger on a Whole Grain Bun with Ketchup Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>
<p>28 Chicken Fajitas on Whole Grain Tortillas Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>29 Build Your Own Sub Turkey Ham, Cheese, Lettuce on Whole Grain Roll with Mayo Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice Of Milk WG Rice Krispies Treat</p>	<p>30 Sloppy Joe on a Whole Grain Bun Roasted Cinnamon Sweet Potatoes Seasonal Lunch Fruit Choice of Milk</p>	<p>31 Chef's Special Grilled Chicken Sandwich on a Whole Grain Bun with Mayo Steamed Corn Seasonal Lunch Fruit Choice of Milk</p>	



This institution is an equal opportunity provider.