



# JANUARY

## DLHA BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1</p>	<p>2</p> <p><b>WINTER BREAK</b></p>	<p>3</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>4</p> <p>Waffles w/Syrup Fruit Milk</p>	<p>5</p> <p>Cold Cereal Crackers Fruit Milk</p>
<p>8</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>9</p> <p>Cream of Wheat w/g Toast Fruit Milk</p>	<p>10</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>11</p> <p>Pancakes w/ Syrup Fruit Milk</p>	<p>12</p> <p>Cold Cereal Crackers Fruit Milk</p>
<p>15</p> <p><b>MLK DAY NO SCHOOL</b></p>	<p>16</p> <p>Oatmeal w/g Toast Fruit Milk</p>	<p>17</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>18</p> <p>Waffles w/Syrup Fruit Milk</p>	<p>19</p> <p>Cold Cereal Crackers Fruit Milk</p>
<p>22</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>23</p> <p>Cream of Wheat w/g Toast Fruit Milk</p>	<p>24</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>25</p> <p>Pancakes w/ Syrup Fruit Milk</p>	<p>26</p> <p>Cold Cereal Crackers Fruit Milk</p>
<p>29</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p>30</p> <p>Oatmeal w/g Toast Fruit Milk</p>	<p>31</p> <p>Cold Cereal Crackers Fruit Milk</p>	<p><i>1% &amp; Fat Free White or Chocolate Milk is served with each meal</i></p>	

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- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).