



## DLHA LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1	2 <b>Chunky Chicken Casserole</b> <b>Poppin' Peas &amp; Carrots</b> <b>w/g Bread</b> <b>Fruit</b> <b>Milk</b>	3 <b>Turkey Hot Dog on w/g Bun</b> <b>Vivacious Vegetarian Beans</b> <b>Fruit</b> <b>Milk</b>	4 <b>Sloppy Joe on w/g Bun</b> <b>Picante' Corn</b> <b>Fruit</b> <b>Milk</b>	5 <b>Pizza or Pizza Dippers</b> <b>w/Marinara Sauce</b> <b>Romaine Salad w/dressing</b> <b>Fruit</b> <b>Milk</b>
8 <b>Hamburger on a w/g bun</b> <b>Krackin' Whole Kernel Corn</b> <b>Fruit</b> <b>Milk</b>	9 <b>Mac &amp; Cheese</b> <b>Sliced Turkey Ham</b> <b>Spunky Spinach</b> <b>w/g Bread</b> <b>Fruit</b> <b>Milk</b>	10 <b>Turkey &amp; Cheese Sandwich</b> <b>on w/g bread</b> <b>Steamed Coined Carrots</b> <b>Fruit</b> <b>Milk</b>	11 <b>Nachos w/meat &amp; cheese</b> <b>Mexicali Corn</b> <b>Fruit</b> <b>Milk</b>	12 <b>Bold BBQ Chicken Sandwich</b> <b>on w/g bun</b> <b>Vegetarian Beans</b> <b>Fruit</b> <b>Milk</b>
15 <b>MLK DAY</b> <b>NO SCHOOL</b>	16 <b>Spaghetti w/Meat Sauce</b> <b>Sweet Peas</b> <b>w/g Bread</b> <b>Fruit</b> <b>Milk</b>	17 <b>Turkey &amp; Cheese on w/g Bun</b> <b>Chunky Tomato Soup</b> <b>Fruit</b> <b>Milk</b>	18 <b>Baked Chicken</b> <b>Radiant Rice</b> <b>Spunky Spinach</b> <b>w/g Bread</b> <b>Fruit</b> <b>Milk</b>	19 <b>Beefy Hot Dog on w/g bun</b> <b>Vivacious Vegetarian Beans</b> <b>Fruit</b> <b>Milk</b>
22 <b>Chicken Patty on w/g Bun</b> <b>Steamed Coined Carrots</b> <b>Fruit</b> <b>Milk</b>	23 <b>Turkey Meatballs</b> <b>w/Marinara Sauce on w/g bun</b> <b>Spunky Spinach</b> <b>Fruit</b> <b>Milk</b>	24 <b>Spanish Macaroni</b> <b>Sweet Peas</b> <b>w/g Bread</b> <b>Fruit</b> <b>Milk</b>	25 <b>Chicken Nuggets</b> <b>Radiant Rice</b> <b>Great Green Beans</b> <b>Fruit</b> <b>Milk</b>	26 <b>Bold BBQ Chicken Sandwich</b> <b>on w/g bun</b> <b>Vegetarian Beans</b> <b>Fruit</b> <b>Milk</b>
29 <b>Turkey &amp; Cheese Sandwich</b> <b>on w/g bread</b> <b>Steamed Coined Carrots</b> <b>Fruit</b> <b>Milk</b>	30 <b>Chicken Tetrizzini</b> <b>Playful Peas</b> <b>Picante' Corn</b> <b>Fruit</b> <b>Milk</b>	31 <b>Sloppy Joe on w/g Bun</b> <b>Picante' Corn</b> <b>Fruit</b> <b>Milk</b>	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <i>1% &amp; Fat Free White or Chocolate Milk is served with each meal</i> </div>	

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