



DLHA LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1	2 Chunky Chicken Casserole Poppin' Peas & Carrots w/g Bread Fruit Milk	3 Turkey Hot Dog on w/g Bun Vivacious Vegetarian Beans Fruit Milk	4 Sloppy Joe on w/g Bun Picante' Corn Fruit Milk	5 Pizza or Pizza Dippers w/Marinara Sauce Romaine Salad w/dressing Fruit Milk
8 Hamburger on a w/g bun Krackin' Whole Kernel Corn Fruit Milk	9 Mac & Cheese Sliced Turkey Ham Spunky Spinach w/g Bread Fruit Milk	10 Turkey & Cheese Sandwich on w/g bread Steamed Coined Carrots Fruit Milk	11 Nachos w/meat & cheese Mexicali Corn Fruit Milk	12 Bold BBQ Chicken Sandwich on w/g bun Vegetarian Beans Fruit Milk
15 MLK DAY NO SCHOOL	16 Spaghetti w/Meat Sauce Sweet Peas w/g Bread Fruit Milk	17 Turkey & Cheese on w/g Bun Chunky Tomato Soup Fruit Milk	18 Baked Chicken Radiant Rice Spunky Spinach w/g Bread Fruit Milk	19 Beefy Hot Dog on w/g bun Vivacious Vegetarian Beans Fruit Milk
22 Chicken Patty on w/g Bun Steamed Coined Carrots Fruit Milk	23 Turkey Meatballs w/Marinara Sauce on w/g bun Spunky Spinach Fruit Milk	24 Spanish Macaroni Sweet Peas w/g Bread Fruit Milk	25 Chicken Nuggets Radiant Rice Great Green Beans Fruit Milk	26 Bold BBQ Chicken Sandwich on w/g bun Vegetarian Beans Fruit Milk
29 Turkey & Cheese Sandwich on w/g bread Steamed Coined Carrots Fruit Milk	30 Chicken Tetrizzini Playful Peas Picante' Corn Fruit Milk	31 Sloppy Joe on w/g Bun Picante' Corn Fruit Milk	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <i>1% & Fat Free White or Chocolate Milk is served with each meal</i> </div>	

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.