



DLH Academy

LUNCH – March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div style="border: 1px solid black; padding: 5px;"> <i>1% & Fat Free White or Chocolate Milk is served with each meal</i> </div>		1	2
Sliced Turkey Ham American cheese slice Whole grain bun Chunky tomato soup Fresh broccoli florets w/ranch Fruit & Milk	Italian spaghetti w/meat sauce Romaine Salad w/cherry tomato, Cucumbers & low-fat dressing Whole grain bread slice Fruit & Milk	Oven baked chicken w/hot sauce Rice medley Steamed corn Sweet peas Whole grain bread slice Fruit & Milk	Succulent turkey w/gravy Whipped mashed potatoes Steamed broccoli Whole grain bun Fruit & Milk	Pizza or Pizza dippers w/marinara sauce Steamy coined carrots Garlicky green beans Fruit & Milk
5	6	7	8	9
No School Staff Development	Baked BBQ chicken Corn on the Cob Fresh baby carrots w/dip Whole grain bun Fruit & Milk	Texas tacos (w/g hard shell) Shredded cheddar cheese Iceberg lettuce Taco sauce & low-fat sour cream Mexican refried beans Fruit & Milk	Chunky chicken tetrazzini Seasoned spinach Whole grain bread slice Fruit & Milk	No School Conferences
12	13	14	15	16
Toasted whole grain bun Sliced turkey ham American cheese slice Chunky tomato soup Fresh broccoli florets w/ranch Fruit & Milk	Chicken patty Whole grain bun Sweet peas Steamed coined carrots Fruit & Milk	Turkey meatball sub Marinara sauce Whole grain roll Steamed green beans Fruit & Milk	Nachos w/cheese sauce Steamed corn Mexican refried beans Fruit & Milk	Blazin' BBQ chicken On whole grain bun Roasted potato wedges Creamy coleslaw Fruit & Milk
19	20	21	22	23
Turkey club sandwich Whole grain bun American cheese & tomato slice Romaine lettuce & pickle Fresh baby carrots w/ranch Chocolate chip cookie Fruit & Milk	Cheesy macaroni BBQ turkey meatballs Seasoned spinach Whole grain bread slice Fruit & Milk	Sloppy Jo on w/g bun Steamed corn Roasted potato wedges Fruit & Milk	Beefy hot dog Whole grain bun Vegetarian baked beans Fresh baby carrots w/ranch Creamy coleslaw Fruit & Milk	Spring Break 
26	27	28	29	30

This institution is an equal opportunity provider.