

May 2018 DLHA LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> Beefy Hot Dog Whole grain bun Homestyle baked beans Fruit & Milk	<p>2</p> Turkey meatballs with gravy Savory spinach Whole grain rice Fruit & Milk	<p>3</p> Smoked turkey ham Succulent scalloped potatoes Garlicky green beans Whole grain bread slice Fruit & Milk	<p>4</p> Whole grain nacho chips Taco meat and shredded cheese Picante corn Mexican refried beans Sassy Salsa Fruit & Milk
<p>7</p> Sliced deli turkey American cheese slice Steamed broccoli florets Whole grain bun Fruit & Milk	<p>8</p> Italian spaghetti w/meat sauce Lettuce & tomato salad Whole grain bread slice Fruit & Milk	<p>9</p> Pizza or Pizza dippers w/marinara sauce Sweet peas Fruit & Milk	<p>10</p> Smoked turkey ham Macaroni & cheese Garlicky green beans Fruit & Milk	<p>11</p> BBQ chicken patty Whole grain bun Hearty baked beans Fruit & Milk
<p>14</p> Hamburger on w/g bun Iceberg lettuce Tomato slice Oven baked fries Fruit & Milk	<p>15</p> Chunky chicken tetrazzini Coined carrots Whole grain bread slice Fruit & Milk	<p>16</p> Smoked turkey ham Savory spinach Mashed potatoes Fruit & Milk	<p>17</p> Spanish macaroni Garlicky green beans Whole grain bread slice Fruit & Milk	<p>18</p> Chicken nuggets Whole grain rice pilaf Mixed vegetables Fruit & Milk
<p>21</p> Chicken patty sandwich Whole grain bun Oven baked potato wedges Fruit & Milk	<p>22</p> Turkey meatballs Mixed vegetables Whole grain bread slice Fruit & Milk	<p>23</p> Whole grain nacho chips Taco meat and shredded cheese Lettuce & tomatoes Taco sauce & low-fat sour cream Mexican refried beans Fruit & Milk	<p>24</p> Oven baked chicken Hot sauce Savory spinach Whole kernel corn Brown rice Fruit & Milk	<p>25</p> Beefy Hot Dog Whole grain bun Homestyle baked beans Baby carrots with low-cal ranch Fruit & Milk
<p>28</p> Closed – Memorial Day	<p>29</p> Turkey sandwich American cheese slice Baby carrots with low-cal ranch Whole grain bun Vanilla ice cream cup Fruit & Milk	<p>30</p> Corn dog nuggets Seasoned potatoes Sweet peas Fruit & Milk	<p>31</p> Oven roasted chicken Savory spinach Whole kernel corn Brown rice Fruit & Milk	<p>1</p> Turkey breast Steamed broccoli florets Whole grain rice medley Fruit & Milk

1% Low-fat milk or fat-free chocolate milk is served with every meal

This institution is an equal opportunity provider.