

Darrell Lynn Hines Academy

September Breakfast Menu

All meals are prepared by: Milwaukee Center for Independence (MCFI)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL – LABOR DAY	4 Whole Grain Mini Cinnis Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	5 Whole Grain Breakfast Muffin Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	6 Pancake Wrapped Breakfast Sausage Syrup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	7 Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
10 Granola Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	11 French Toast Sticks Syrup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	12 UBR Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	13 Cinnamon Biscuit Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	14 Dunker Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
17 Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	18 Cinnamon Swirl Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	19 Cream Cheese-Filled Bagels Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	20 Scrambled Eggs Whole Grain Breakfast Muffin Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	21 Whole Grain Breakfast Muffin Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
24 Dunker Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	25 Pancake Wrapped Breakfast Sausage Syrup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	26 Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	27 Chicken Sausage Whole Grain English Muffin Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	28 Appleways Oatmeal Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk

This institution is an equal opportunity provider.

MILK FOR SCHOOL:

- SKIM WHITE
- LOW FAT WHITE
- SKIM CHOCOLATE

MENU SUBJECT TO CHANGE

